CAGG MODIFICATION
TO IFAGG COMPETITION RULES FOR CHILDREN

1. GENERALITIES

1.1. **Competition Categories**

7-8 years: gymnasts aged 7 & 8 years old, only.

- No younger or older gymnasts is allowed to compete in this category
- Gymnasts will not be ranked or scores publicly displayed
- All gymnasts will be awarded the same "participation medals or ribbons" with no statement of ranking

9 -10 years: gymnasts aged 9 and 10 during the competition year compete in this category.
Two members of the group may be one year older than the given maximum ages.

- *Gymnasts younger than 9 years old are not allowed to compete in this category.*

2. TECHNICAL VALUE:

2.3.1. Technical Elements

Child 7-8 years: see *ON AGG ODP-P (Child 7-8)*

Category 9-10: *Required Elements the same as IFAGG Children 8-10 & 10-12 years*

3. ARTISTIC VALUE

Long program

The composition may not contain acrobatic movements with air time and lifting a gymnast (having the body weight of a gymnast completely supported by the other gymnasts or losing contact with the floor).

Exception in 12-14 years category (in Canada for all categories):
One (1) lift without losing contact is allowed during the routine. The lifted gymnast has to be active (has to help with their own power when the other gymnasts lift) and is not allowed to lose contact with the gymnast/gymnasts.